

Esogetic Colorpuncture: A Complete Aculight Therapy System for Body, Mind and Spirit

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History and Development of Esogetic Colorpuncture Therapy

Starting in the 1970s, Colorpuncture inventor Peter Mandel began integrating theoretical and empirical data on the effects of color, the philosophy of Chinese medicine and the latest findings of modern photon physics. A lengthy professional association with German biophysicist Fritz Albert Popp provided Mandel with the theoretical basis for his work. In his studies of human cell communication, Popp demonstrated that normal living cells emit a steady stream of photons (particles of light) called biophotons. Popp hypothesized that these act as carriers of information in living organisms, and that a cell will show an increase emission of biophotons (and disturbed information flow) whenever its functions are no longer in a state of balance. Further, the change in the biophoton emissions of one cell will eventually disturb the biophoton emissions in neighboring cells (imagine a pebble dropped in a pond with its spreading ripples). This change from harmoniously oscillating light eventually leads to incoherence and disease.¹ Mandel went one step further by suggesting that these cellular changes also eventually affect the electrical receptivity of related zones and acupoints on the surface of the skin.

Given that human cells exhibit energetic properties of light, and that light and color have a modifying effect on the body's system of energetic information, it seemed obvious to Mandel that the informational properties of light and color could be used to restore coherence and health. Furthermore, given his training in acupuncture and the existing research indicating that meridians actually channel light, Mandel felt that the system of acupuncture, with its skin points of meridians, was the best means of introducing light into the energetic anatomy. Through extensive experimentation, Mandel determined that certain acupoints displayed a particular affinity to certain colors. Starting with the basic primary and secondary colors (red, green, blue, orange, yellow and violet), he developed treatments using these complementary (warm and cool) colors to balance bipolar acupoints. This, he said, was the birth of Colorpuncture and allowed for a highly differentiated means of affecting the yin-yang balance between complementary pairs of points.²

Treatment Possibilities Using Esogetic Colorpuncture

Perhaps most interesting, Colorpuncture emphasizes the interplay of body, mind and spirit by addressing the deeper causes of illness. In addition to relieving bodily symptoms, many treatments gently "unwind" and release any traumas, emotional scars, and negative beliefs that are held in the subtle energy body and contribute to a constant state of imbalance and ill health.

One example is therapy to clear traumatic imprints from the prenatal period of life, imprints which Mandel believes often set the patient up for health problems later in life. Another example, conflict solution therapy, is designed to bring up and release the unprocessed emotions of past conflicts, which Mandel believes are often imprinted in the lower recesses of the brain and can, over time, severely weaken the immune system.

Esogetics: A New Paradigm of Healing

Mandel coined the term esogetics to describe his holistic paradigm for healing. The term refers to the "merger of esoteric wisdom of life with the energetic principles of life's processes."

A common theme in many esoteric doctrines is that each human being, as a soul, comes to this life to manifest a unique potential or life path. In Mandel's esogetic paradigm, illness and pain are seen as signals that the individual may be blocked in their ability to manifest their potential or may have become distracted from their life path. From this perspective, lasting healing results require not only the elimination of symptoms, but that the patients be brought back in touch with who they are and why they are here. This is why esogetic colorpuncture focuses extensively on expanding consciousness, clearing traumatic imprints and supporting the evolution of the individual. To quote Peter Mandel, "Esogetics is intended to help remove existing blockages and disorders, so one can travel one's life path freely and lightheartedly."

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